

# Youth Bike Challenge!

Be active and practice bicycle safety skills!

Ride your bike for 10 days in May. Record the number of miles you ride each day. Email your completed challenge to walknroll@intercitytransit.com by June 1 and we will mail you a prize and enter you in a drawing for an event bigger prize! Send a photo of you riding your bike for a bonus prize! By sending a photo, you give Intercity Transit permission to use it for public promotion. All Thurston County youth can participate.

Name: \_\_\_\_\_  
 Mailing Address: \_\_\_\_\_  
 Total Miles: \_\_\_\_\_

**START LINE**

**Day 1**

# of miles: \_\_\_\_\_

**Day 2**

# of miles: \_\_\_\_\_

**Day 3**

# of miles: \_\_\_\_\_

**Day 4**

# of miles: \_\_\_\_\_

**Day 5**

# of miles: \_\_\_\_\_

**Day 6**

# of miles : \_\_\_\_\_

**Day 7**

# of miles: \_\_\_\_\_

Number of additional days you rode in May: \_\_\_\_\_

Total number of miles for additional days: \_\_\_\_\_

**Day 8**

# of miles: \_\_\_\_\_

**Day 9**

# of miles: \_\_\_\_\_

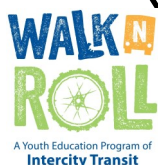
**Day 10**

# of miles: \_\_\_\_\_

**FINISH  
LINE!!!**

## Safe Biking Tips

- Wear a properly-fitted helmet.
- Ride in the same directions as traffic.
- Stay alert! Don't use cell phones or wear headphones.
- Walk your bike in crosswalks.
- Check left, right, left for traffic.
- Use hand signals when turning and stopping.
- Make eye contact with drivers.
- Be predictable and follow the rules of the road.
- Use lights and wear reflective and bright clothing.
- Ride a properly-fitted and well maintained bike.



A Youth Education Program of  
Intercity Transit

Thurston County  
**Bicycle Community  
Challenge**



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